

PEAK PERFORMANCE PETS!

Using Amazon Herbs to Maximize Your Pets Health and Vitality

We have a crisis in the health of our household pets. 1 out of every 2 dogs in the U.S. will die with cancer. Urinary tract infections and kidney stones are at epidemic levels in cats. Our pets now face degenerative diseases such as these as well as Diabetes, Leukemia, Arthritis. Why? Diet. We have removed them from the way that Mother Nature fed them.

As it is with humans, the common underlying factor in health challenges for animals is nutrition. Health and dis-ease begin and end with digestion. Over the past 100 years food manufacturers have discovered a way to make our lives "easier" by pre-preparing, pre-cooking and pre-packaging foods for both ourselves and our animals. They soon discovered that in the name of convenience (with a little slight-of-hand marketing) they could sell us pet foods as a way to make money off agricultural waste products.

Commercial diets greatly contribute to the health problems our pets now face. Why?

In the wild Mother Nature provided our dogs and cats with whole raw prey. Skin, meat, bones, as well as organs. They ate the stomach contents not only for the grasses, vegetables and fruits found there but for the digestive enzymes.

Most commercial animal foods (including those for horses, zoo animals, birds, reptiles, etc.) are made of poor quality ingredients left over after human food is processed. Husks, meals left over from petroleum-based oil fractionation, and grains found to have too high a level of molds and contaminants. The meat meal is usually from by-products that have been subjected to the rendering process. Flavor enhancers are added to make it palatable and then preservatives are tossed in to give it a 3 to 5 year shelf life.

Did Mother Nature feed cooked grains?

Most dog and cat diets are grain based. Omnivores and carnivores were not designed to live on a cooked, grain-based diet. A grain based diet is high in starch. Cooking converts the starch to sugar. This unusually high level of starch (sugar) contributes to weight problems, diabetes, fatty tumors, etc.

Unfortunately, there is little of what Mother Nature intended left in what we serve our animal friends. Pets such as dogs and cats do not produce enough salivary enzymes to help break down their food. They are dependent upon their food (prey) for most of their needed enzyme activity. Even when we feed the finest pre-packaged foods, the enzymes in that food are denatured through cooking.

Dogs, cats, and pets like ferrets need meat! The meat in most commercial pet foods comes from the rendering plant and is made up of the 4Ds - dead, dying, diseased and decayed animals. It is also full of the drugs used to treat disease and euthanize those past saving. These chemicals are not broken down in the cooking process. Meats, and animal parts not fit for human consumption that are then cooked at extremely high temperatures to kill pathenogens. And then, to keep the finished product

from spoiling powerful preservatives are added into the mix. They are chemically preserved with a number of carcinogenic agents, BHA, BHT and most commonly (and worst of all) ethoxyquin. This is better recognized by its other name - Agent Orange.

The resulting pet foods are often easy to feed, made palatable by the addition of sweeteners and flavor enhancers such as MSG.

So how can we help? Amazon Herbs! By adding the benefits of whole, wild foods from nutrient rich soils that have been composted for millions of years we add back in the vitamins, minerals and enzymes that have been lost in today's foods.

Improving Nutrition - Start with the Rainforest Health Pak

Treat your pet like your best friend. Begin with the Rainforest Health Pak. *Fiberzon* and *Treasure Tea* detoxify the body from the common toxins that our animals face: preservatives, medications, vaccinations, flea & tick poisons, etc. They also help alkalize the body and reduce inflammation. *Illumination* and *Aquazon* nourish and add essential nutrients to the diet. They stimulate and support the immune system. *Sumacazon* helps rebuild and support the endocrine system and restore youthful vigor. All of these products provide necessary enzymes for the body to digest and assimilate food, promote immune health, and repair tissue.

Allergies & Detoxification in Pets

One of the most common reasons for veterinary visits is for animals diagnosed with food or contact allergies. The usual treatment is to suppress the symptoms with steroids. Even chemotherapy shots are being used to suppress the immune systems response. With terrifying results.

In most cases, the underlying problem is not a true allergy. Due to an overworked and clogged elimination system the liver and kidneys are toxic. The immune system becomes over-sensitized. This can be caused by a variety of factors including over-vaccination, poisonous flea and tick medications, poor quality water, and especially from the daily dose of toxins found in commercial diets.

So what can we do? Think GREEN! Begin by supporting and cleansing the liver and kidneys. *Treasure Tea*, *Fiberzon*, *Aquazon*, *Envirozon*, *Arcozon* and *Digestazon Plus* all play an important role in cleansing the body and strengthening the immune system. Feed your animals what they ate in nature. For cats; meat and bones. For dogs; meat, bones, vegetables and some fruit. For horses, grass not legumes like alfalfa.

Supporting Metabolism

Our dogs and cats are gaining weight and aging faster than they used to age. Their diets are often high in starch and low in vitamins, bio-available minerals and enzymes. To help them have more life energy, more Chi, we can use the energy enhancing Amazon formulas: *Warrior*, *Metabazon*, *Sumacazon*, *Matte Tea* and *Aquazon* all support energy levels and stimulate metabolic function.

Diarrhea and Digestive Issues

An active compound extracted from *Sangre de Drago*, identified as SP-303, has been shown to be beneficial for stopping diarrhea. It acts by inhibiting excess water flow into the intestines. The cramps associated with upset stomach are also alleviated with its use.

Fiberzon (which contains *Sangre de Drago*) is also excellent for diarrhea and digestive upsets. Use *Fiberzon Plus* with great caution, even with constipation as it is extremely potent. Start with a very small dose only.

When an animal has trouble gaining or retaining proper weight, use *Digestazon Plus* to increase food utilization and break down indigestible fats and other ingredients of commercial diets.

Wound and Skin Care

When a cut or scrape is fresh the best thing to do is to clean it with a mild cleanser, dry it as well as possible and then coat it with *Sangre de Drago*. Allow the *Sangre de Drago* to dry completely as this will form an instant "scab" that helps prevent the wound from becoming infected. Within seconds of application, the resin dries to form a protective "second skin." This protective layer allows the underlying skin to regenerate itself without additional risk of abrasion or infection. *Sangre de Drago* contains a latex resin containing an alkaloid called taspine that helps to speed wound healing. It also stops bleeding.

Sangre de Drago has analgesic properties that reduce pain. Taken internally it will also assist the body in moving repair materials to the wound. Apply *Recovazon* topically once the wound is dry and give *Recovazon* internally to reduce pain and inflammation.

If a wound is already infected use *Treasure Tea* and/or *Arcozon* to soak the area. You can use wet tea bags as a poultice to help draw out pus or soak off dirty scabs. *Camu C Serum* can help break down scar tissue and assist with healing. *Stevia* has been used for centuries to kill or prevent bacterial infections on wounds. When scar tissue or proud flesh has built up try a wet poultice of *Digestazon Plus* on the area for an hour, then rinse and apply *Sangre de Drago* to the cleaned area to seal it and assist with healing.

Infections

Ear infections are a common plight for cats and dogs. High starch diets set up a high acid environment that is perfect for yeasts, molds and viruses. Start with flushing the ear with *Arcozon*. Hold the treated ear up so that the ear canal stays full for 5 minutes if possible. Always treat both ears! Do this even if only one seems to be affected.

For wet ears, after treating with *Arcozon*, flush the ear with *Sangre de Drago*. This helps dry the ear canal and allow it to heal.

By the time that yeast is coming out the ears or vagina it is systemic. We need to lower yeast levels throughout the body as well. Start with *Treasure Tea* along with *Arcozon* or *Envirozon* internally. Avoid starch based foods. This is where the entire *Rainforest Health Pak* regime is especially important.

Traditional Peruvian medicine uses *Sangre de Drago* as an antiseptic vaginal douche. Bacteria and yeasts need to "root" in the lining of the vagina to take hold and create infection. *Sangre de Drago* makes the lining of the vagina impervious to these microorganisms, which reduces infection.

Oral Care

As anyone who has every paid to have their pets' teeth cleaned, oral care can be expensive. Be a hero to every pet owner you know and recommend *Sangre de Drago* for their pets' teeth and gums. Using a finger, Q-tip or other applicator, coat the teeth and gums twice a day for about a week. This helps kill gum disease and removes tooth tarter. And, unlike toothpaste, every bit of what the animal swallows is healthy!

Stress and Anxiety

Dogs, cats, birds, horses and even ferrets get stressed. Whether from being left alone or from being asked to do things that make them uncomfortable: ride in a car, be confined in a crate or stall, or by being left alone. Start with *Calamazon*. This is one of the formulas available as a bulk powder for a good reason. It works wonders! Mix it into a bowl of water, into a meat or cream cheese ball or into their food.

Birds pluck out their own feathers when under stress. Add a little *Calamazon* to their water or seed. Spray a dilute mix of *Calamazon* in water directly on them.

I rarely use *Kavazon* as the strong flavor can cause foaming at the mouth and put the animal off the herbs. However, with food or in a dilute spray it has also been very helpful with stress issues.

Pain and Inflammation

Animals experience a wide variety of aches and pains just like we do. From bruises and strains to chronic difficulties such as arthritis and laminitis. Both acute and chronic pain respond well to the anti-inflammatory effects of *Recovazon*. Use *Recovazon* both topically and internally.

Chronic issues are often tied to the pH of the body being too acidic. All of the Amazon Herb formulas are extremely alkalizing. When possible use the entire Rainforest Health Pak to alkalize the body toward lowering inflammation levels.

Acute pain from wounds responds well to *Sangre de Drago* applied topically. It deadens the pain receptors on the cut nerves. Several health practitioners in the U.S. indicate benefits in using *Sangre de Drago* resin internally for diabetic neuropathy because of its documented effects on nerve endings, nerve pain and nerve inflammation. Benefits have also been reported with diabetes-related skin ulcers and sores (applied topically) which have refused to heal using other methods.

Surgical Care

Dr. Randy McMillan, DVM now uses *Sangre de Drago* and *Recovazon* with all surgical patients. Prior to suturing he seals the incision with *Sangre de Drago*, finishes stitching, covers it again with *Sangre de Drago* and then with *Recovazon*. Patients are then given *Recovazon* by mouth to assist with recovery and bring the animal out of anesthesia. He reports remarkable healing times and has little or no need for the traditional Elizabethan collars that prevent animals from chewing and scratching when healing wounds begin to itch. If an animal remain too groggy after anesthesia he administers *Warrior* to help it wake up and give it energy to heal.

Odor control and Household Accidents

Animal odors can be difficult to eliminate. Especially urine and fecal odors. *Clean and Green* acts as an enzymatic neutralizer as well as cleanser. After cleaning the area with *Clean and Green* spray the area again and let it dry. This breaks down any remaining scent particles and reduces the likelihood of the next animal marking the same spot!

I hope this guide proves helpful. If you have additional suggestions or testimonials please feel free to email them to me at: kay@grandadventuresranch.com.

AMAZON PET TREATS

Nutritious, Delicious and Easy!

Liver Lovers Loaf

Mix together:

2 lbs beef liver - pureed
3 eggs
1 tsp garlic powder
1 tsp oregano
1 tbsp Olive Oil
1 tbsp cold-pressed flax seed oil
16 Aquazon vegi-caps (or 4 tsp)
12 Sumacazon vegi-caps (or 3 tsp)
12 used Shipibo Tea bags

Then mix or fold in:

½ cup corn meal
½ cup rice flour
enough additional flour to bring to a thick batter

Pour onto a greased, sided baking sheet and bake at 300° oven for 30 minutes or until firm to touch in center. Let cool then cut into small squares.

Either of these recipes can be varied as to which herbs are used. Don't be afraid to experiment with the herbs - your animals with Thank You!

Both of these treats can be stored in your freezer indefinitely. My animals love them frozen in the summer as a cool treat!

Hi-Protein Calming Peanut Rounds

Mix together:

2 cups peanut butter (fresh ground is best)
½ cup Quinoa
1 cup roasted sunflower seeds
4 eggs
½ cup oats or oatmeal
1 ½ cups brewed Shipibo Treasure Tea
20 Illumination vegi-caps (or 5 tsp)
20 Calmazon vegi-caps (or 5 tsp)
1 cup rice flour
1+ cups whole wheat flour - enough to firm up dough to dry enough to shape.

Scoop up 1 tbsp balls of dough and shape into balls. Place onto greased cookie sheet at least 2" apart. Use floured bottom of glass or other press to flatten to 1/4" thick. Bake at 350° for 25 minutes. Let cool on rack. Makes approx 60 - 80 cookies.

GRAND ADVENTURES RANCH

2005 - 2006 Training Schedule

Third Tuesday of each month - Amazon Herb Potluck -
Potluck - 5:45, Educational Meeting - 6 - 8 pm

Last Wednesday of each month - Muscle Testing Training - 6:30 - 9pm

Ongoing Weekly and Monthly Internships available beginning February of 2006

Fasting Weekend with Amazon Herbs for Animals Workshop

October 7 - 9, 2005 ■ January 14 - 15, 2006
\$195 including accommodations. Maximum 8 attendees.

Cleanse and heal while attending an in-depth workshop on Amazon Herbs for Animals. Dogs and Horses welcome to attend with human companion. Course includes:

- ◆ 2 full days of Fresh Juice Fasting including open Amazon Herb Bar (Friday evening through Sunday at 3pm). Light vegetarian dinner on Sunday
- ◆ Study session on the Amazon Herb formulas
- ◆ Muscle Testing for yourself and your animals. An energetic approach to knowing which Amazon Herb formula to use and how much to give
- ◆ Ways to feed these nutrient rich foods, including a cooking session
- ◆ A common-sense approach toward holistic diets for dogs, cats and horses
- ◆ 2 nights double occupancy room with private bath at Rainbow's End Bed and Breakfast
- ◆ Fresh fruit juices, vegetable juices and Amazon Herb Teas. Saturday and Sunday
- ◆ Massage and body work available upon request for additional fee

Introduction to Canine "Hands-On" Therapy - 2 day Workshop

Nov 6 - 7, 2005 ■ March 17 - 19, 2006
\$225 first 10 participants, \$50 per day for Auditing only

This class is for those interested in knowing how to determine where their dog is in pain and how to help it. Course includes:

- ◆ Review of canine anatomy
- ◆ Structural approach toward identifying imbalances and pain
- ◆ Introduction of multiple modalities including Reiki, massage, acupuncture, energy balancing and muscle testing

The Inner Horse - 5 day Intensive

January 22 - 27, 2006 ■ May 14 - 20, 2006

\$575 first 10 participants, \$75 per day for Auditing only, attendee's horses welcome

This week-long Intensive is targeted toward serious equine professionals and those interested in fast-paced work towards maintaining peak performance in their equine athletes. Course includes:

- ◆ Equine BioEnergy Analysis - nutritional, structural and parasite testing points
- ◆ Equine Kinesiology and Energetic Testing
- ◆ Introduction to Equine Iridology - including barn charts
- ◆ Holistic Equine Nutrition
- ◆ Correct pre-competition stretching techniques
- ◆ Overview of equine acupuncture meridians
- ◆ Introduction to multiple energetic modalities including BioScan, massage, acupressure and energy balancing
- ◆ Active, repetitive use of learned skills to enhance retention and understanding

Canine "Hand-On" Therapy - 5 day Intensive

December 5 - 12, 2005 ■ April 3 - 7, 2006

\$475 first 10 participants, \$50 per day for Auditing only, attendee's dogs welcome

For canine health professionals and those looking for in-depth training in alternative approaches to healing, nutrition and pain management for dogs.

- ◆ Review of canine anatomy
- ◆ Canine Kinesiology and Energetic Testing
- ◆ Structural approach toward identifying imbalances and pain
- ◆ Introduction to Equine Iridology - including barn charts
- ◆ Holistic Canine Nutrition
- ◆ Correct pre-competition stretching techniques
- ◆ Introduction of multiple modalities including BioScan, massage, and acupressure
- ◆ Safe and gentle spinal re-alignments
- ◆ Active, repetitive use of learned skills to enhance retention and understanding